

MEDICATIONS BEFORE YOUR PROCEDURE

It is important that you continue your medications as prescribed by your doctor.

****However, there are certain medications that need to be stopped or adjusted before your procedure.**

Over the Counter Medications

- **5 days before your procedure, stop taking:** Fish oil supplements, any vitamin supplements that contain vitamin E and/or iron and NSAIDS (Ibuprofen, Motrin, Aleve, Naprosyn, and any pain medications that contain NSAIDS).
- **If you are having an Upper Endoscopy procedure: stop all aspirin and also all of the above medications 5 days before your procedure.**
- **You may take Tylenol products** as directed by the package labeling

Arthritis Medication

- **3 days before your procedure, stop taking certain arthritis medication.** Call the GI Associates office (number below) to find out if your arthritis medication must be stopped.

Diuretics (Water Pills)

- **The day before your procedure,** stop diuretics or “water pills” until after your procedure. These medications can make you dehydrated and affect your blood pressure during your colon preparation.

Diabetes Medication

- **The day before your procedure, take ½ of your usual dose of diabetes medications (injections and/or pills)**
- **Do not take these medications on the day of your procedure**
- It is important to monitor your blood sugar while doing your bowel preparation. Be sure to check your blood sugar at home at all meals, bedtime, and the morning of your exam.
- If you use an insulin pump, please call your primary care physician or the diabetic educator for instructions.

Blood Thinning Medications

Certain blood thinning medications may be stopped by your doctor. We will contact your doctor, and let you know if you need to stop them 5 days before your procedure. If you take Coumadin (Warfarin), you will need to have a prothrombin time performed before 11:00 AM the day before your procedure.

If you have questions, or are unsure how to take your medications, call the GI Associates Office at (603) 228-1763 8:30 AM to 4:30 PM